



Music

The Super Curriculum

The Super Curriculum

Super curricular activities are those that take your regular curriculum *further*. They take the subjects you study in the classroom *beyond* that which your teacher has taught you or what you've done for home learning. For example, you may go into more depth on something you picked up in the classroom, or learn about a new topic altogether.

These activities are normally in the form of extra reading but they can take many other forms, like watching videos online, downloading podcasts, attending lectures, visiting museums or entering academic competitions.

Engaging in super curricular activities will help you develop a love for your favourite subject or subjects. In this booklet, there are a range of activities, suggested by your teachers. They are by no means exhaustive lists but should get you started. I would encourage you to share ideas and opportunities you come across with your teachers so that, over time, the recommended activities in this booklet can grow.
















In the future, employers or universities will be interested to hear about what super curricular activities you have engaged in; they will be interested in what you have learnt and impressed by your efforts.

I wish you well in your pursuit of super curricular activities!

Dr Caroline Creaby
Deputy Headteacher: Curriculum

Super Curriculum – Year 7

Subject: MUSIC

 Compete in Sandringham's battle of the Bands	 Join a group or choir at Sandringham and perform in a concert	 Perform a solo or small ensemble piece in Junior Recital
 Listen to how Paul Simon's album <i>Graceland</i> uses influences from African music and write an album review	 Choose one of the works featured in the BBC 10 pieces to listen to and research and create a fact sheet on it	 Choose a blues musician to research in more detail and write a short article on their life and music.
 Watch 'Why we love repetition in music' by Elizabeth Hellmuth Margulis on the TedEd website	 Watch School of Rock!	 Watch 'Into the Woods' on www.digitaltheatreplus.com
 Write a song for Battle of the Bands	 Enter the Cambridge composer competition	 Teach somebody else an instrumental skill. For example, how to play the ukulele or the piano
 Visit the Hornimann Museum in London	 Attend a concert, show or live performance	 Attend an external workshop, for example the Herts songwriter workshops



Reading task



Writing task



Listening task



Watching task



Research task



Trip or visit


















Creative task



Student-led task

Super Curriculum – Year 8

Subject: MUSIC

 <p>Explore how Latin rhythms have influenced rock eg Carlos Santana and write a short article about it</p>	 <p>Find good arrangements of pieces for school groups. For example the ukulele group or Junior Choir.</p>	 <p>Choose a blues musician to research in more detail and write a short article on their life and music.</p>
 <p>Attend a concert, show or live performance</p>	 <p>Join a group or choir at Sandringham and perform in a concert</p>	 <p>Perform a solo or small ensemble piece in Junior Recital</p>
 <p>Watch 'Earworms: Those songs that get stuck in your head' by Tim Hansen on the TedEd website</p>	 <p>Watch The Wizard of Oz and Wicked. They tell the same story from a different perspective. Which is your favourite?</p>	 <p>Audition for a County ensemble or choir</p>
 <p>Sign up to perform as a busker for Arts Week or Open Evening and organise your own rehearsals, set list and musical arrangements</p>	 <p>Teach somebody else an instrumental skill. For example, how to play the ukulele or the piano</p>	 <p>Apply for the Music scholar programme</p>
 <p>Arrange a song to be performed by the Ukulele Group</p>	 <p>Enter an external composition competition. For example, the Cambridge composer competition or the Herts Songwriter.</p>	 <p>Complete the Bronze Arts Award</p>



Reading task



Writing task



Listening task



Watching task



Research task



Trip or visit


















Creative task



Student-led task

Super Curriculum – Year 9

Subject: MUSIC

 <p>Write about how music affects our brains by watching 'How playing an instrument affects your brain' by Anita Collins on TedEd as a starting point</p>	 <p>Research Bob Marley and the influence he had on social and political change</p>	 <p>Research the work of John Williams or Danny Elfman in more detail by listening to different film scores and researching their lives.</p>
 <p>Attend a concert, show or live performance</p>	 <p>Use Logic to create a film soundtrack to a film clip of your choice.</p>	 <p>Enter St. Albans Young Musician of the Year or perform in Junior Recital Perform a solo or small ensemble piece in Junior Recital</p>
 <p>Watch 'Getting started as a DJ: Mixing, mashups and digital turntables' on the TedEd website</p>	 <p>Watch West Side Story and The Music Man which were released in the same year but are very different. Which one is your favourite?</p>	 <p>Audition for a County ensemble or choir</p>
 <p>Sign up to perform as a busker for Arts Week or Open Evening and organise your own rehearsals, set list and musical arrangements</p>	 <p>Teach somebody else an instrumental skill. For example, how to play the ukulele or the piano</p>	 <p>Organise your House Music entry</p>
 <p>Compose or arrange a song to be performed by Sandringham Band</p>	 <p>Enter an external composition competition. For example, the Cambridge composer competition or the Herts Songwriter.</p>	 <p>Complete the Silver Arts Award</p>



Reading task



Writing task



Listening task



Watching task



Research task



Trip or visit


















Creative task



Student-led task

Super Curriculum – Year 10

Subject: MUSIC

		
Listen to <i>Pie Jesu</i> from Faure's Requiem and compare it to Verdi's <i>Pie Jesu</i> .	Listen to the album, <i>Supernatural</i> by Santana	Listen to Aaron Copland's <i>Fanfare for the Common Man</i> . What is the most striking musical feature?
		
Watch Lang Lang performing a selection of Chopin's piano music.	Watch some live classical music	Create a timeline of the different musical styles
		
Research the differences between Latin musical dance styles (tango, salsa, samba and bossa nova)	Choose from the following contemporary British composers and produce a short biography. - Malcolm Arnold - Benjamin Britten - Peter Maxwell Davis - John Tavener	Write a glossary of musical terms and definitions
		
Write a song based on the topic you are currently studying.	Enter the Cambridge composer or the Herts Songwriter competition	Audition for a County or Music School group or choir
		
Lead your House Music event	Give a friend music lessons on the instrument you play	Lead a music group or choir and perform in a concert



Reading task



Writing task



Listening task



Watching task



Research task



Trip or visit




















Creative task



Student-led task

Super Curriculum – Year 11
Subject: MUSIC

 Writing a concert review for the Sandprint or Ignite	 Watch a music documentary by Alex Ross or Howard Goodall.	 Watch the video from the World Science Festival with Bobby McFerrin, 'The power of the pentatonic scale.'
 Enter the Cambridge composer, the Herts Songwriter or the St Albans Young Musician of the year competition	 Audition for a County or Music School ensemble or choir	 Compose a short minimalist piece in the style of John Adams or Steve Reich
 Explore Digital Theatre Plus and watch at least one performance	 Listen to another Haydn Symphony and compare it to <i>The Clock</i> . Which one do you prefer?	 Watch some live classical music
 Go to a concert or workshop at the Royal Albert Hall, Southbank Centre or Barbican	 Create a playlist for each area of study and musical style you are studying, that could be passed onto Year 10 students as recommended listening	 Listen to the Hamilton soundtrack. How has hip hop influenced the score? How is different from Broadway in the 1950s and 60s?
 Learn to play the following from Sgt. Pepper's Lonely Hearts Club Band <ul style="list-style-type: none"> • With a Little Help from My Friends • Within You, Without You • Lucy in the Sky With Diamonds 	   Explore the Classic FM website and listen to at least five composers that are new to you.	 Lead a music group or choir and perform in a concert



Reading task



Writing task



Listening task



Watching task



Research task



Trip or visit


















Creative task



Student-led task

Super Curriculum – Year 12
Subject: MUSIC

 Listen to Radio 3 or Classic FM and	 Use Auralia regularly to help train your listening skills	 Watch a performance of the Rite of Spring.
 Listen to two different Beethoven Symphonies	 Watch an opera screening at the cinema	 Make a playlist of the 10 most important works for your first instrument and listen to as many versions as possible. Can you learn any of them?
 Enter yourself for Grade 5 or 6 theory	 Research an area of interest to submit in the Ignite Journal	 Go to a concert at the Barbican Barbican half Six Fix - https://www.lso.co.uk/whats-on/2017-18-season/half-six-fix.html or one of the proms at the RAH
 Apply for a summer school or workshop over the summer. There are lots of online courses on https://www.futurelearn.com/courses/music-theory	 Audition for a county ensemble	 Perform at St Peter's Recital or set up a lunchtime concert
 Lead a music group or choir and perform in a concert	 Lead an activity during Arts Week	 Arrange parts for a school group to improve your knowledge of orchestration



Reading task



Writing task



Listening task



Watching task



Research task



Trip or visit


















Creative task



Student-led task

Super Curriculum – Year 13

Subject: MUSIC

 <p>Use Auralia regularly to help train your listening skills</p>	 <p>Create your own playlists on Spotify for wider listening linked with the set works.</p>	 <p>Watch some of the Proms at the Royal Albert Hall</p>
 <p>Listen to three other versions of your recital pieces and try to see it live</p>	 <p>Enter yourself for Grade 6 or 7 theory</p>	 <p>Read two different books from the University reading list</p>
 <p>Perform at St Peter's Recital or set up a lunchtime concert</p>	 <p>Go to a concert at the Barbican Barbican half Six Fix - https://www.iso.co.uk/whats-on/2017-18-season/half-six-fix.html</p>	 <p>Work with a Junior Scholar to support their music studies</p>
 <p>Apply for a summer school or workshop over the summer. There are lots of online courses on https://www.futurelearn.com/courses/musical-scores</p>	 <p>Research an area of interest to submit in the Ignite Journal</p>	 <p>Learn to play one of your set works with a group of friends</p>
 <p>Create a glossary of musical terms</p>	 <p>Explore the talks on Ted Talks and find one that interests you. Summarise it in one paragraph.</p>	 <p>Audition for a county ensemble</p>



Reading task



Writing task



Listening task



Watching task



Research task



Trip or visit


















Creative task



Student-led task

Super Curriculum – Year 13
Subject: MUSIC TECHNOLOGY

 Reading - Sound on Sound trade magazine (monthly)	 Reading - Listen to this: Alex Ross Focus on 1950 onwards	 Listening: Pet Sounds - Beach Boys & Revolver - The Beatles Compare the production between the two albums
 Listening - Dark side of the moon - Pink Floyd How did they achieve some of the evolutionary production on this album?	 Listening - Plat du Jour - Matthew Herbert How has he used sampling to create this album?	 Research - “How has recording technology (tape, digital etc.) developed since 1950?”
 Watch - Sound City (Dave Grohl) Documentary on history of Sound City studios, its unique mixing desk and all of the acts that recorded there.	 Visit - Pink Floyd exhibition at V&A	 Visit – Science museum: find out about the history of recorded sound
 Reading – Good Vibrations: A History of Record Production Mark Cunningham	 Listening – “It takes a nation of millions” – Public Enemy Why is this album important politically?	 Research - “How has sampling affected the development of popular music?”
 Create a piece of music using only ‘found sounds’	 Create an entire album of your own compositions	 What inspires you about music technology? Complete an independent research task into an area of your own interest



Reading task



Writing task



Listening task



Watching task



Research task



Trip or visit



Creative task



Student-led task



Sandringham School

'Everybody can be Somebody'