



Summer work-Year 12

Welcome, you have now started a journey into a new subject. We hope that the journey is enjoyable and successful. How far you will go on that journey will largely depend on your interest and motivation. We have provided a range of materials below to get you started and you can choose what you would like to investigate. We do recommend to you that you try to read at least one book. We know that many of you have not read for many years but there is a strong correlation between a person's reading ability and their ability to write. In past years we have given the book 'It's All in Your Head' by Dr. Suzanne O'Sullivan' (see below) as a set text. The students enjoyed the read. If you are not sure what you want to read, then just go to Amazon and read a couple of pages of a book to get a feel for it. Amazon gives you free access to the introductory book pages.

We would like you to keep a journal of what you do. You can use words, images, notes, mind maps and summaries to record your explorations. Please submit this journal to us on your return to school. We look forward to meeting you.

We use these textbooks.

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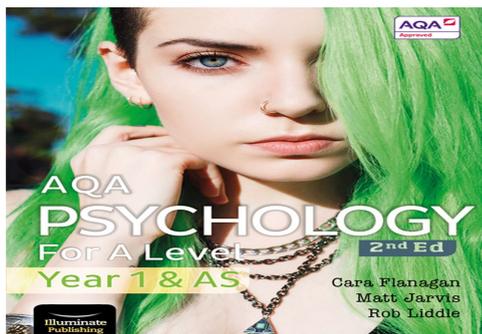
Authors: Flanagan, Jarvis, Liddle.

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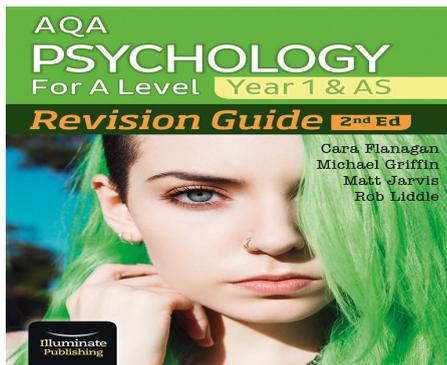
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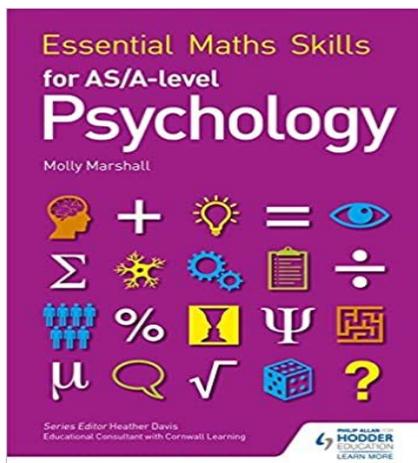
Authors: Flanagan, Griffin, Jarvis, Liddle

ISBN: 978-1-912820-43-6

£15.50



Note that you do need to purchase these books ready for the start of class.



Publisher: Philip Allan; UK ed. edition (26 Feb. 2016)

Language: English

ISBN-10: 1471863530

ISBN-13: 978-1471863530

You do need to purchase this maths textbook ready for class.

<p>Your teachers have enjoyed ...</p> 	<p>Bounce by Matthew Syed. The Myth of Talent and the Power of Practice. This should be a 'must read' for those who are aiming to achieve.</p>	<p>Flow by Mihaly Csikszentmihalyi. The classic work on how to achieve happiness. Of interest to those who are interested in finding inner peace. This read will deepen your understanding of research and Psychology.</p>	<p>Dibs in Search of Self by V. Axline. This is about the early effects of trauma and the use of play therapy as a means to return to normality. Of interest for those considering Clinical Psychology, Counselling, or Therapy as a profession.</p>
<p>Reads.</p> 	<p>Thinking Fast and Slow by Daniel Kahneman. The author states that our minds are composed of two parts-an instinctive and primal section, and a more critical and rational section. This is of interest to anyone who is enjoying bio-psychology and is a challenging read.</p>	<p>Outliers: The Story of Success by Malcolm Gladwell. How the world's most successful people became successful. This is of interest to anyone with aspirations. This read will widen your understanding of Psychology.</p>	<p>Authentic Happiness by Martin Seligman. The author shows us that happiness is more a product of internal conditions than external factors. This is of interest for anyone who is searching for deep fulfilment in their lives. This will widen your understanding of Psychology.</p>
<p>Watch</p> 	<p>The Lucifer Effect: Understanding How Good People Turn Evil. TED talk by Philip Zimbardo. This clip will consolidate your understanding of Zimbardo's prison study. https://www.youtube.com/watch?v=2-Kii-P7vwQ</p>	<p>The Psychology of Tyranny: Did Milgram Get It Wrong? TED talk by Alex Haslam. This clip will consolidate and deepen your understanding of Milgram's study of obedience. https://www.youtube.com/watch?v=HxXMKg8-7o0</p>	<p>How reliable is your memory? TED talk by Elizabeth Loftus. This clip will consolidate your knowledge and understanding of eye witness testimony. https://www.youtube.com/watch?v=PB2Oegl6wvl</p>
<p>Listen</p> 	<p>Mind Changers. BBC_Radio 4. B.F Skinner and Superstition in the Pigeon. This clip will deepen and consolidate your understanding of operant conditioning. http://www.bbc.co.uk/programmes/b0639gqx</p>	<p>Mind Changers. BBC_Radio 4. Julian Rotter and Locus of Control. This clip will deepen and consolidate your understanding of locus of control. http://www.bbc.co.uk/programmes/b01gf5sr</p>	<p>Mind Changers. BBC Radio 4. Case Study: HM-The Man Who Couldn't Remember. This work will deepen and consolidate your understanding of the multi-store model of memory. http://www.bbc.co.uk/programmes/b00t6zqv</p>
<p>Films</p> 	<p>12 Angry Men This is a classic film about conformity. It's in black and white so stay with it. Plot: A diverse group of 12 jurors deliberates the fate of an 18-year-old Latino accused of murdering his father. As a lone dissenting juror tries to convince the others that the case is not as open-and-shut as it appears, individual prejudices and preconceptions about the trial emerge. This is a consolidation activity. Links to Social Influence and Conformity.</p>	<p>Good Will Hunting. Plot: Will Hunting is a young, headstrong janitor at MIT with exceptional mathematical abilities. Abused as a child, he has numerous run-ins with the law and does not realize his full potential. With the help of a psychology professor, he finally receives the counselling he needs that will enable him to find his identity and change his life. This is a consolidation activity. Links to Psychopathology, Counselling and Attachment.</p>	<p>A Beautiful Mind. Plot: the film sheds light on the life and suffering of a person living with schizophrenia. Psychology students will notice that Nash exhibits many of the symptoms used to diagnose schizophrenia and can follow the increasing intensity of these symptoms and the effect on him and those around him. The film also shows the difficult task of managing the disorder and the importance of social support. Links to Psychopathology and Schizophrenia.</p>

<p>Your teachers have enjoyed reading these books</p> 	<p>It's All in Your Head by Dr. Suzanne O'Sullivan. This is an enjoyable read. A case study approach is used to describe psychosomatic illness. Recommended to anyone with an interest in Abnormality, Mental illness or an interest in Clinical Psychology.</p>	<p>Mapping Murder: The Secrets of Geographical Profiling by David Canter. Through case studies of real serial killers, Canter maps their activities according to geographical locations. Suitable for those considering further study in Criminology, Sociology or Forensic Psychology.</p>	<p>Steven Pinker: How the mind works. Why do memories fade? Why do we lose our tempers? Why do fools fall in love? Why do we pursue higher callings like art, religion and philosophy? This is an advanced read written by a world expert who works at Harvard University. Recommended for those considering a degree in the subject.</p>
<p>Deep Reads.</p> 	<p>Carl Jung; the Archetypes and the Collective Unconscious. Our minds are connected to a deeper layer of consciousness that speaks in terms of imagery and myth. Jung was a disciple of Freud. Recommended for those considering taking a degree in Psychology or Counselling.</p>	<p>Eric Berne: The Games People Play: The Psychology of Human Relationships. People play games as a substitute for real intimacy, and every game, however unpleasant, has a payoff for one or both players. This is a truly insightful book about relationships. Recommended to those considering a career in Counselling.</p>	<p>Victor Frankl: Man's search for Meaning. The conscious acceptance of suffering or fate can be transformed into one of our greatest achievements. Recommended to those students who are interested in the Holocaust and its impact on the Jewish community.</p>
<p>Watch</p> 	<p>Nancy Kanwisher talks about a neural portrait of the human mind. This talk deals with brain localisation and is preparation for taught material. https://www.youtube.com/watch?v=5Yj3nGv0kn8</p>	<p>Documentary. Genius of the modern world. Dr. Sigmund Freud. It's always worth understanding Freud in his historical context. This documentary will allow you to do this. This will help you to understand Freud's seemingly 'bizarre' theories. This is of direct relevance to your studies. https://www.youtube.com/watch?v=x6MT50IA57w</p>	<p>RISE documentary. Do you know the meaning of the term 'recidivism'? Watch this documentary to find out. Links to the topic of aggression and prison behaviour. Indirectly links to your course. https://www.youtube.com/watch?v=n3id1jxXLgM</p>
<p>Listen</p> 	<p>Mind Changers: Carl Rogers and the Person Centered Approach. This material is directly related to your course. Rogers led the Humanist school of Psychology. Of direct relevance to those considering a course in Counselling/Therapy. http://www.bbc.co.uk/programmes/b063ztb0</p>	<p>Mind Changers: Abraham Maslow and the Hierarchy of Needs. This material is directly related to your course. http://www.bbc.co.uk/programmes/b01rw8mw</p>	<p>Mind Changers: The case of Little Hans. This is a famous case study by Freud. The material is directly related to your course. http://www.bbc.co.uk/programmes/b00hg335</p>

<p>Films</p> 	<p>One Flew Over the Cuckoo's Nest.</p> <p>Considered to be one of the best films ever to be made and the winner of five Oscars. It relates to psychopathology, definitions of abnormality and social control.</p>	<p>Girl Interrupted.</p> <p>18-year-old Susanna is admitted into a mental institution when she is no longer able to cope with reality. This film relates to psychopathology and directly to the topic of 'definitions of abnormality'.</p>	<p>Rain Man.</p> <p>The real life story of a Kim Peek; a savant. Savants appear to have special abilities. This film relates to biopsychology and the topic of brain plasticity.</p>
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