

Timeline	Major theme	Minor theme	Learning Outcomes	Content Focus	Link to PTC
Sept-Oct (6)	Futures & Careers	What's out there?	<p>KNOW a range of possible career paths and employment options AND the roles and responsibilities involved in a range of careers</p> <ul style="list-style-type: none"> - List different careers in the creative sector - Describe the roles and responsibilities involved in a range of creative based careers <p>UNDERSTAND the importance of exploring a range of careers AND why different careers are required within our society</p> <ul style="list-style-type: none"> - Explain why you have/haven't previously explored these careers - Explain why creative careers are important in our society <p>BE ABLE TO make informed decisions about what career path to pursue</p> <ul style="list-style-type: none"> - Analyse the pros and cons of a career in the creative sector - Reflect on whether you would like to pursue a career in the creative sector 	<p>Creative careers - careers carousel</p> <p>Creative careers - The X factor generation</p> <p>Career talk - What is it really like?</p> <p>Creative careers in the future - What might change?</p>	Services sector and nature of success in Year 7
		Work ready	<p>KNOW the skills and attributes that employers value AND employee rights and responsibilities</p> <ul style="list-style-type: none"> - Describe oracy skills - List employee rights and responsibilities <p>UNDERSTAND why employability skills are important</p> <ul style="list-style-type: none"> - Explain the purpose of oracy skills in the workplace <p>BE ABLE TO build skills and attributes that will lead to professional success AND safely and confidently contribute to the working world</p> <ul style="list-style-type: none"> - Perform basic oracy skills - Critically assess your oracy skills - Evaluate employee rights and responsibilities 	<p>Oracy skills - Intro and oracy challenges</p> <p>Oracy skills - Oracy in the workplace</p> <p>Employee rights and responsibilities - Intro and should we increase the minimum wage</p> <p>Employee rights and responsibilities - Whistleblowing - case study</p>	Digital literacy and media literacy in Year 7
Oct-Dec (8)	Health & Wellbeing	Physical health	<p>KNOW how to maintain personal hygiene to prevent illness AND the importance of diet in maintaining physical health</p> <ul style="list-style-type: none"> - Describe how to maintain personal hygiene 	Personal hygiene - Intro, types and routines	Diet in KS2 Physical

		<ul style="list-style-type: none"> - List the components of a balanced diet - Describe how diet helps us maintain physical health <p>UNDERSTAND the challenges of maintaining a balanced diet AND the invisible nature of physical health and illness</p> <ul style="list-style-type: none"> - Explain why personal hygiene is important to prevent illness - Critically assess why most people do not maintain a balanced diet <p>BE ABLE TO make informed choices about diet AND critically assess sources of health information</p> <ul style="list-style-type: none"> - Choose a diet that fits your needs - Evaluate different nutritional information 	<p>Personal hygiene - The consequences of poor hygiene Diet - Intro, specific foods and why they are important Diet - Dieting - Why does nutritional advice vary so much?</p>	<p>changes in Year 7</p>
	Mental health	<p>KNOW strategies that help to maintain good mental health AND how emotions positively and negatively influence mental health</p> <ul style="list-style-type: none"> - List strategies that help to maintain good mental health - Describe why positive self-esteem and body image are important <p>UNDERSTAND the importance of maintaining positive self-esteem</p> <ul style="list-style-type: none"> - Explain the relationship between self-esteem, body image and mental health - Critically assess messages about body image that influence self-esteem <p>BE ABLE TO speak confidently about their emotions AND confidently seek help when experiencing poor mental health</p> <ul style="list-style-type: none"> - Speak confidently about your self-esteem and body image - Seek help if negatively affected by body image messages 	<p>Self care - Intro, importance and strategies to maintain mental health Self care - Build your self-esteem Body Image - Social media - filters Body Image - Fitness for looks</p>	<p>Stress management and emotions in Year 7</p>
	Risk behaviours	<p>KNOW the risks associated with substance abuse (drugs and tobacco)</p> <ul style="list-style-type: none"> - State the laws on smoking and taking drugs - State the risks associated with smoking and taking drugs <p>UNDERSTAND the relationship between risk behaviours, self-concept and peer pressure AND the circumstances when certain risk behaviours may become unsafe</p> <ul style="list-style-type: none"> - Explain how peer pressure influences smoking and drug taking - Explain why and when smoking and drugs may become unsafe <p>BE ABLE TO think critically about why others may participate in risk</p>	<p>Drugs - Intro, the law, the science and the risks Drugs - Should drugs be legalized? Smoking - Intro, the law, the science and the risks Smoking - Why do</p>	<p>Drugs and smoking in KS2</p> <p>Alcohol in Year 7</p>

			behaviours AND make informed and safe decisions when undertaking risk behaviours <ul style="list-style-type: none"> - Analyse why some people smoke and take drugs - Critically assess if/when to smoke and take drugs 	some people still smoke? Smoking and drugs - Peer pressure (scenarios)	
Jan-Feb (7)	Sex & Relationships	Platonic relationships	KNOW the components of identity (gender, social, personal) <ul style="list-style-type: none"> - List the components of identity - Describe your identity UNDERSTAND the importance of identity in relationships <ul style="list-style-type: none"> - Explain why identity is important in platonic relationships - Critically assess why there is diversity in gender identity BE ABLE TO form and sustain positive platonic relationships <ul style="list-style-type: none"> - Speak confidently about your identity - Evaluate how your identity influences your platonic relationships 	Identity - Intro, components and how they form Gender identity - Gender vs sex Identity - How identity influences relationships - positives and negatives	Gender identity in KS2 Positive platonic relationships in Year 7
		Intimate relationships	KNOW how pressure and control can impact intimate relationships AND how sexual activity can impact intimate relationships <ul style="list-style-type: none"> - Describe how pressure can impact intimate relationships - Describe how pressure links with sexual activity UNDERSTAND why people stay in negative intimate relations AND the issues surrounding pressure in intimate relationships <ul style="list-style-type: none"> - Explain why pressure is often accepted in intimate relationships - Analyse the effects of pressure in an intimate relationship BE ABLE TO make informed decisions about the positivity of intimate relationships AND confidently seek help when in a negative intimate relationship <ul style="list-style-type: none"> - Critically assess if pressure is affecting your intimate relationship - Seek help when experiencing pressure in an intimate relationship 	Pressure - Intro, the law linked to consent and scenarios Pressure - Why is pressure accepted? Pressure - Seeking help	Pressure in relationships in KS2 Positive features of intimate relationships in Year 7 Risk behaviours - peer pressure
		Ready for sex	KNOW the emotions associated with sexual activity <ul style="list-style-type: none"> - Describe the emotions associated with sexual activity UNDERSTAND the importance of confidence and positive self-esteem	Emotions and sexual activity - Intro and how would you feel?	Sexual orientation in Year 7

			<p>in sexual relationships</p> <ul style="list-style-type: none"> - Explain why confidence and self-esteem are essential in sexual relationships <p>BE ABLE TO make informed decisions about when to have sex</p> <ul style="list-style-type: none"> - Critically assess whether you would feel confident to have sex 	Confidence and self-esteem - Are we too self-conscious?	Mental health - Self esteem and body image
		Related issues	<p>KNOW the law about forced marriage and FGM</p> <ul style="list-style-type: none"> - State the law on forced marriage and FGM <p>UNDERSTAND the reasons that sexual-related offences exist AND what can be done to safeguard ourselves and others from sexually-related offences</p> <ul style="list-style-type: none"> - Analyse why forced marriage and FGM exists in society - Explain how we can prevent forced marriage and FGM <p>BE ABLE TO confidently seek help if concerned about sexually-related offences AND empathise with the victims of sexually-related offences</p> <ul style="list-style-type: none"> - Empathise with victims of forced marriage and FGM - Seek help if you are concerned about forced marriage and FGM 	<p>Forced marriage - Intro (history), the law, stories</p> <p>Forced marriage - Where is child marriage legal (America)?</p> <p>FGM - Intro, the law, the facts, stories</p> <p>FGM - Julia lalla-maharajh</p>	<p>FGM in KS2</p> <p>Marriage in Year 7</p>
Mar-May (9)	British Values & Character	Equality	<p>KNOW the different forms of discrimination that exist in society</p> <ul style="list-style-type: none"> - Define sexism and homophobia <p>UNDERSTAND the cultural circumstances that have created inequality AND the negative consequences of discrimination</p> <ul style="list-style-type: none"> - Discuss the cultural circumstances that have lead to sexism and homophobia - Explain the negative consequences of sexism and homophobia <p>BE ABLE TO question stereotypes and unconscious bias AND challenge discrimination</p> <ul style="list-style-type: none"> - Critically assess sexist and homophobic stereotypes - Challenge discrimination in your views and the views of others 	<p>Sexism - Intro, the law, the history</p> <p>Sexism - 'Sexism no longer exists'</p> <p>Homophobia - Intro, the law, the history</p> <p>Homophobia - 'That's so gay'</p>	<p>Equality, equity and tolerance in Year 7</p> <p>Sexual harassment in Year 7</p> <p>Boys don't cry in Year 7</p> <p>Platonic relationships - gender identity</p>
		Democracy	<p>KNOW how laws are created and changed AND how democracy has/can shape society</p>	Democracy - Why is Norway the most	UK law, liberty and

			<ul style="list-style-type: none"> - Describe how laws are created and changed in other countries - Describe how other countries achieve democracy <p>UNDERSTAND how law, liberty and democracy differ in different countries</p> <ul style="list-style-type: none"> - Explain why law and democracy differ in other countries - Compare and contrast laws and democracy across countries <p>BE ABLE TO critically assess the laws that govern society</p> <ul style="list-style-type: none"> - Critically assess laws and democracy in a range of countries - Reflect on the importance of different laws 	<p>democratic country? Democracy - Why is North Korea the least democratic country? Law creation and change - Intro and comparison with UK Gun laws - UK, USA and NZ Drug laws - UK, Canada and Portugal</p>	<p>democracy in Year 7 Risk behaviours - drugs Sex in the world - Forced marriage</p>
	Performance character	<p>KNOW the traits that make up performance character AND the meaning of performance character traits</p> <ul style="list-style-type: none"> - Define problem solving and leadership <p>UNDERSTAND how strong performance character can lead to academic, professional and social success</p> <ul style="list-style-type: none"> - Explain why problem solving and leadership are important - Analyse effective problem solvers and leaders <p>BE ABLE TO challenge themselves in performance character building situations</p> <ul style="list-style-type: none"> - Demonstrate effective problem solving and leadership - Analyse the complex nature of problem solving and leadership 	<p>Problem solving - Intro, challenges and problem solvers Leadership - Intro, challenges and leaders</p>	<p>Teamwork and resilience in Year 7 Work ready - oracy skills</p>	
	Moral character	<p>KNOW the traits that make up moral character AND the meaning of moral character traits</p> <ul style="list-style-type: none"> - Define respect and gratitude <p>UNDERSTAND how strong moral character can lead to positive social, emotional and civic change</p> <ul style="list-style-type: none"> - Explain why respect and gratitude are important - Analyse respectful and grateful individuals <p>BE ABLE TO challenge themselves in moral character building situations</p> <ul style="list-style-type: none"> - Demonstrate respect and gratitude - Analyse the complex nature of respect and gratitude 	<p>Respect and Gratitude - Intro and how respectful and grateful are we? Project - Thank you</p>	<p>Honesty and courage in Year 7</p>	

May-Jul (6)	Community & Citizenship	Helping others	<p>KNOW the individual and collective benefits of helping others</p> <ul style="list-style-type: none"> - Describe how taxes are used to help others - Describe the link between taxes and public services <p>UNDERSTAND the challenges that prevent people from helping others</p> <ul style="list-style-type: none"> - Explain why some people avoid paying taxes - Explain why some public services are becoming privatised <p>BE ABLE TO critically discuss how best to help others</p> <ul style="list-style-type: none"> - Discuss how much tax different individuals should pay - Reflect on the benefits of public services 	<p>Taxes - Intro, why and history</p> <p>Taxes - I want to pay more tax vs tax dodgers</p> <p>Public services - Intro and history</p> <p>Public services - 'Don't privatise our NHS'</p>	<p>Services sector (careers) in Year 7</p> <p>Lack of education in Year 7</p>
		Protecting the environment	<p>KNOW the impact that humans are having on the environment AND actions that can be taken to protect the environment</p> <ul style="list-style-type: none"> - Describe the effect of climate change on the environment - List ways to prevent climate change <p>UNDERSTAND why a range of environmental issues exist AND the challenges that prevent people from protecting the environment</p> <ul style="list-style-type: none"> - Explain how humans are causing climate change - Analyse why more people don't use methods to reduce the impact of climate change <p>BE ABLE TO critically discuss environmental issues AND act responsibly to minimise environmental impact</p> <ul style="list-style-type: none"> - Critically discuss the issue of climate change - Act in a way that minimises climate change 	<p>Climate change - Intro and the science, biggest causes</p> <p>Climate change - 'What I do doesn't matter' - individuals vs companies vs countries</p> <p>Climate change - Extinction rebellion - too extreme?</p>	<p>Waste and recycling in Year 7</p> <p>Courage (moral character) in Year 7</p> <p>Democracy - law creation</p> <p>Performance character - leadership</p>
		Building citizenship	<p>KNOW how politics governs our society AND the main political parties and how their policies differ</p> <ul style="list-style-type: none"> - Describe how British politics governs society - List a range of political parties <p>UNDERSTAND the relationship between politics and democracy</p> <ul style="list-style-type: none"> - Critically assess the positive and negative effects of British politics on democracy <p>BE ABLE TO confidently discuss politics AND make critical and informed political decisions</p> <ul style="list-style-type: none"> - Discuss the policies of a range of political parties - Reflect on the political decisions you do or don't support 	<p>British politics - Intro, the facts and different parties</p> <p>British politics - Do we trust politicians?</p> <p>Brexit - Did we make the right choice?</p>	<p>Democracy and politics in Year 7</p>

