Timelin e	Major theme	Minor theme	Learning Outcomes	Focused Content	PTC
Sep-Oct (8)	British Values & Character	Equality	KNOW the different forms of discrimination that exist in society  - Define racism  UNDERSTAND the cultural circumstances that have created inequality AND the negative consequences of discrimination  - Discuss the cultural circumstances that have lead to racism  - Explain the negative consequences of racism  BE ABLE TO question stereotypes and unconscious bias AND challenge discrimination  - Critically assess racial stereotypes  - Challenge discrimination in your views and the views of others	Racism - Intro, the law, the history Racism - Black Lives Matter Racism - Microaggression	Equality, equity and tolerance in Year 7 Equality stereotypes and unconscious bias linked to sexism and homophobia in Year 8
		Moral character	KNOW the traits that make up moral character AND the meaning of moral character traits  - Define empathy and compassion UNDERSTAND how strong moral character can lead to positive social, emotional and civic change  - Explain why empathy and compassion are important  - Analyse empathetic and compassionate individuals BE ABLE TO challenge themselves in moral character building situations  - Demonstrate empathy and compassion  - Analyse the complex nature of empathy and compassion	Empathy & Compassion - Intro and why do we find it so hard to empathise with others? Empathy & Compassion - Blue eyes, Brown eyes	Respect and gratitude in Year 8 Helping others in Year 7 and 8 Bullying in Year 7 Equality - Racism
		Democracy	KNOW how laws are created and changed AND how democracy has/can shape society  - Describe how courts are used to maintain law and justice - Define freedom of speech UNDERSTAND the relationship between law, liberty and democracy AND the challenges that prevent these values from being successful - Explain how courts influence law and democracy - Explain the relationship between freedom of speech, law and democracy BE ABLE TO critically assess the laws that govern society AND	The Courts - Intro, the facts and link to law & democracy The Courts - Mock trial Freedom of Speech - Intro, the law, link to democracy Freedom of Speech - Does FoS allow	Democracy basics in Year 7 Comparison with other countries in Year 8 Political awareness in Year 8 Moral Character

		participate in a lawful, democracitc society - Critically assess how courts maintain law and order - Critically assess the impact of freedom of speech on our society	the media to be unethical?	- Honesty in Year 7 Media Literacy in Year 7
	Performance character	KNOW the traits that make up performance character AND the meaning of performance character traits  - Define confidence and aspiration UNDERSTAND how strong performance character can lead to academic, professional and social success  - Explain why confidence and aspiration are important  - Analyse confident and aspirational individuals BE ABLE TO challenge themselves in performance character building situations  - Demonstrate effective confidence and aspiration  - Analyse the complex nature of confidence and aspiration	Confidence - Intro, confidence challenges Confidence - Mock Trial continued. Aspiration - Intro and goal setting Aspiration - What do I want to achieve?	Resilience in Year 7 Leadership in Year 8 Work ready - Oracy skills in Year 8 Work ready - Nature of success in Year 7 Democracy - Mock trial
Futures & Careers Nov-Dec (7)	What's out there?	KNOW a range of possible career paths and employment options AND the roles and responsibilities involved in a range of careers  - List different careers in the STEM sector  - Describe the roles and responsibilities involved in a range of STEM based careers  UNDERSTAND how stereotypes and expectations may limit aspiration AND why different careers are required within our society  - Explain how stereotypes limited aspiration in STEM careers  - Explain why STEM careers are important in our society  BE ABLE TO make informed decisions about what career path to pursue AND challenge stereotypes that limit aspiration  - Analyse the pros and cons of a career in the STEM sector  - Reflect on whether you would like to pursue a career in the STEM sector  - Challenge stereotypes that prevent some pursuing STEM careers	STEM careers - careers carousel STEM careers - Why are minorities underrepresented? STEM careers in the future - What might change?	STEM ELD Services in Year 7 and Creative in Year 8 Equality - Unconscious bias and sexism in Year 7 and 8  Equality - Racism Moral character - Aspiration
	Work Ready	KNOW post-14 options AND how to successfully acquire a job	Post-14 Options -	Employment

			<ul> <li>List post-14 subjects and qualification options</li> <li>Describe how examination and CVs help you acquire a job UNDERSTAND how different post-14 options can lead to different employment opportunities AND the purpose of the job application process</li> <li>Explain how different post-14 subjects/qualifications can lead to different employment options</li> <li>Critically assess the purpose of examinations and CVs in the job application process</li> <li>BE ABLE TO make informed decisions about what post-14 options to take AND confidently prepare for the job application process</li> <li>Assess post-14 options for your personal future</li> <li>Create a CV</li> </ul>	Intro and subjects linked to careers Examinations - An outdated way to assess employability? CV - Intro, the good and the bad, make your own (unifrog).	skills in Year 7 and Year 8 What's out there - Services, Creative and STEM Performance Character and Moral character - Projects
	Sex & Relationships Jan-Feb (7)	Platonic relationships	KNOW the positive impact of platonic relationships AND how to manage platonic relationships  - Describe the importance of friendship for teenagers  - Describe how to demonstrate character in disputes UNDERSTAND the complexity of relationship management  - Analyse whether popularity is important in platonic relationships  - Explain why it is difficult to demonstrate in disputes BE ABLE TO form and sustain positive platonic relationships  - Critically assess the quality of your friendships  - Demonstrate effective character in disputes	PPR - Intro, benefits of friendships PPR - Why do teenagers want to be popular? CID - Intro, dispute scenarios CID - Why do we say things we regret?	Positive platonic relationships and bullying in Year 7
		Intimate relationships	KNOW the law on sharing explicit images AND how sexual activity can impact intimate relationships  - State the law on sharing explicit images  - Describe how sexting and nudes can impact intimate relationships  UNDERSTAND the risks associated with sexting and nudes  - Explain the risks associated with sexting and nudes  - Analyse why the sharing explicit images law is often broken BE ABLE TO make informed decisions about the positivity of intimate relationships AND confidently seek help when in a negative intimate relationship	Sexting & Nudes - Intro, the law, scenarios Sexting & Nudes - Why is the law so easily broken?	Pressure in intimate relationships in Year 8 Sexual Harassment in Year 7

		<ul> <li>Critically assess how nudes and sexting impact intimate relationships</li> <li>Seek help if involved with sharing explicit images</li> </ul>		
	Ready for sex	KNOW where to find and how to use different types of contraception AND how to maintain sexual health - Name different types of contraception - Describe where to find contraception and how to maintain sexual health UNDERSTAND the importance of contraception during sexual activity - Explain the importance of contraception during sexual activity - Explain the risks of unprotected sexual on health BE ABLE TO make informed decisions about when to have sex AND confidently source and use contraception - Confidently source and use contraception when required	Contraception - Intro, types, where to find STIs - What, why do people still have unprotected sex?	Confidence in Year 8
	Related issues	KNOW the law about grooming and extremism  - State the laws on grooming and radicalisation UNDERSTAND the reasons that sexual-related offences exist AND what can be done to safeguard ourselves and others from sexually-related offences  - Analyse why grooming and radicalisation exists in society - Explain how we can safeguard against grooming and radicalisation  BE ABLE TO confidently seek help if concerned about sexually-related offences AND empathise with the victims of sexually-related offences  - Empathise with victims of grooming and radicalisation - Seek help if you are concerned about grooming and radicalisation	Grooming - Intro, the law, the facts Grooming - Why is grooming on the rise? Radicalisation - Intro, the law, the facts Radicalisation - Safaa Boular and Prevent	Pressure and forced marriage in Year 8  Intimate relationships - Sharing Explicit images
Health & Wellbeing Mar-Apr (8)	Physical health	KNOW the importance of diet and exercise in maintaining physical health  - Describe how diets can lead to us becoming unhealthy  - Describe how exercise benefits physical and mental health UNDERSTAND the challenges of maintaining a balanced diet and regular exercise AND the invisible nature of physical health	Obesity - Intro, link to diet, why do we have an obesity problem? Obesity - Do we judge health based	Diet for health in Year 8 Media literacy in Year 7 Body Image in Year 8 - Fit

	<ul> <li>Analyse why people don't regularly exercise and maintain a healthy diet</li> <li>Critically assess how body shape and size influences perception of physical health</li> <li>BE ABLE TO make informed choices about diet and exercise AND critically assess sources of health information</li> <li>Choose a healthy diet and level of exercise</li> <li>Critically assess how the media portrays health</li> </ul>	on body size? Exercise - Intro, importance for health, why don't more people exercise? Exercise - Body image and exercise dependency	looks good  Democracy - media in freedom of speech
Mental health	KNOW warning signs of poor mental health AND a range of poor mental health conditions and negative coping strategies  - List possible warning signs of poor mental health  - List a range of mental health conditions and negative coping strategies  UNDERSTAND the stigma and myths that surround mental health AND the challenges of effectively managing/treating mental health  - Critically assess the stigma that surrounds mental health  - Explain why treating mental health is so difficult  BE ABLE TO confidently seek help when experiencing poor mental health  - Seek help when experiencing poor mental health  - Support others with their mental health	Mental Illness - Intro, the facts, the stigma Mental Illness - Depression and Anxiety Negative coping strategies - Self harm Negative coping strategies - Eating Disorders	Emotions and stress management in Year 7 Self-care and body image in Year 8  Performance character - confidence
Risk behaviours	KNOW the risks associated with gambling AND how to follow criminal law  - List the risks associated with gambling - State the laws on and surrounding gang crime UNDERSTAND the circumstances when certain risk behaviours may become unsafe AND why and how young people become involved in crime  - Explain when gambling becomes unsafe - Analyse why young people enter gangs BE ABLE TO think critically about why others may participate in risk behaviours AND confidently seek help if risk behaviours become unsafe or unhealthy - Critically assess why people choose to gamble	Gambling - Intro, the law, snail race Gambling - Tap, tap boom - Is online gambling too easy? Gangs - Intro, the laws and the facts Gangs - County lines - Boy X	Theft and alcohol in Year 7 Drugs and smoking in Year 8 Positive relationships - Popularity Related issues - Grooming

			- Seek help if you feel unsafe because of gambling or gangs		
Community & Citizenship May-July (6)	May-July .	Helping others	KNOW issues that people are facing both locally and globally AND the individual and collective benefits of helping others  - Describe how conflict impacts people around the world  - List the benefits of supporting those affected by conflict UNDERSTAND why a range of local and global issues exist AND the challenges that prevent people from helping others  - Explain why conflict exists in a range of countries  - Analyse why conflict is a persistent issue  BE ABLE TO help others by raising awareness, volunteering or performing charitable acts AND critically discuss how best to help others  - Critically discuss how best to help those affected by conflict  - Raise awareness or financial aid for those affected by conflict	Conflict - Intro, the facts and history Conflict - Syrian conflict - the history and today Refugees - Intro, the facts and history Refugees - Migrant crisis	Lack of education in Year 7  Equality - Racism Moral character - empathy
		Protecting the environment	KNOW the impact that humans are having on the environment AND actions that can be taken to protect the environment  - Describe the effect of the fashion industry on the environment  - List ways to prevent the negative impacts of fast fashion UNDERSTAND why a range of environmental issues exist AND the challenges that prevent people from protecting the environment  - Explain how fast fashion is having a negative impact on the environment  - Analyse why more people don't use methods to reduce fast fashion  BE ABLE TO critically discuss environmental issues AND act responsibly to minimise environmental impact  - Critically discuss the impact of the fashion industry on the environment  - Act in a way that minimises fast fashion	Fast fashion - Intro, the facts, the impact Fashion - The environmental impact of cotton - The Aral sea	Recycling in Year 7 Climate change in Year 8
		Building citizenship	KNOW how to maintain financial security  - Describe how to manage money  - Describe the role loans play in financial security  UNDERSTAND how individuals get into financial difficulty  - Explain the challenges of managing money	Managing money - Intro, the basics, managing money challenge Managing money -	Nature of success in Year 7 Taxes in Year 8

	<ul> <li>Analyse how loans can lead to financial difficulty</li> <li>BE ABLE TO make critical and informed financial decisions</li> <li>Reflect on how you may manage money in the future</li> <li>Discuss what loans you might make use of in the future</li> </ul>	Credit cards Loans - Intro, the basics, types of loan Loans - Payday loans	Risk behaviours - Gambling
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