



Psychology

The Super Curriculum

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Super curricular activities are those that take your regular curriculum *further*. They take the subjects you study in the classroom *beyond* that which your teacher has taught you or what you've done for home learning. For example, you may go into more depth on something you picked up in the classroom, or learn about a new topic altogether.

These activities are normally in the form of extra reading but they can take many other forms, like watching videos online, downloading podcasts, attending lectures, visiting museums or entering academic competitions.

Engaging in super curricular activities will help you develop a love for your favourite subject or subjects. In this booklet, there are a range of activities, suggested by your teachers. They are by no means exhaustive lists but should get you started. I would encourage you to share ideas and opportunities you come across with your teachers so that, over time, the recommended activities in this booklet can grow.

In the future, employers or universities will be interested to hear about what super curricular activities you have engaged in; they will be interested in what you have learnt and impressed by your efforts.

I wish you well in your pursuit of super curricular activities!

Dr Caroline Creaby
Deputy Headteacher: Curriculum

Super Curriculum – Year 12

Subject: PSYCHOLOGY

<p> Bounce by Matthew Syed. The Myth of Talent and the Power of Practice. Recommended by Mr. Stidever.</p>	<p> Flow by Mihaly Csikszentmihalyi. The classic work on how to achieve happiness. Recommended by Mr. Stidever.</p>	<p> Mindset by Dr. Carol Dwek. Changing the way you think to fulfil your potential. Recommended by Mr. Stidever.</p>
<p> Thinking Fast and Slow by Daniel Kahneman. The author states that our minds are composed of two parts-an instinctive and primal section, and a more critical and rational section.</p>	<p> Outliers: The Story of Success by Malcolm Gladwell. How the world's most successful people became successful. Recommended by Mr. Stidever.</p>	<p> Authentic Happiness by Martin Seligman. The author shows us that happiness is more a product of internal conditions than external factors.</p>
<p> The Lucifer Effect: Understanding How Good People Turn Evil. TED talk by Philip Zimbardo. https://www.youtube.com/watch?v=2-Kii-P7vwQ</p>	<p> The Psychology of Tyranny: Did Milgram Get It Wrong? TED talk by Alex Haslam. https://www.youtube.com/watch?v=HxXMKg8-7o0</p>	<p> How reliable is your memory? TED talk by Elizabeth Loftus. https://www.youtube.com/watch?v=PB2Oegl6wvI</p>
<p> Mind Changers. BBC_Radio 4. B.F Skinner and Superstition in the Pigeon. http://www.bbc.co.uk/programmes/b0639gxq</p>	<p> Mind Changers. BBC_Radio 4. Julian Rotter and Locus of Control. http://www.bbc.co.uk/programmes/b01gf5sr</p>	<p> Mind Changers. BBC Radio 4. Case Study: HM-The Man Who Couldn't Remember. http://www.bbc.co.uk/programmes/b00t6zqv</p>
<p> 12 Angry Men Plot: A diverse group of 12 jurors deliberates the fate of an 18-year-old Latino accused of murdering his father. As a lone dissenting juror tries to convince the others that the case is not as open-and-shut as it appears, individual prejudices and preconceptions about the trial emerge. Links to Conformity.</p>	<p> Good Will Hunting. Plot: Will Hunting is a young, headstrong janitor at MIT with exceptional mathematical abilities. Abused as a child, he has numerous run-ins with the law and does not realize his full potential. With the help of a psychology professor, he finally receives the counselling he needs that will enable him to find his identity and change his life. Links to Psychopathology.</p>	<p> Mememto Plot: Leonard Shelby is an ex-insurance investigator who sustains a head injury when trying to prevent his wife's murder and now suffers from amnesia. He learns how to cope with his condition using notes and tattoos as he tries to find the murderer and avenge her death. Links to Memory.</p>



Reading task



Writing task



Listening task



Watching task



Research task



Trip or visit



Creative task



Student-led task

Super Curriculum – Year 13

Subject: PSYCHOLOGY

<p> Blink by Malcolm Gladwell. The power of thinking without thinking. Assessments that we make in the blink of an eye can be as good as those we make after much deliberation.</p>	<p> Phantoms of the brain; probing the mysteries of the human mind by V.S Ramachandran. Unravelling the weirder cases in neurology can provide insights into how we perceive ourselves.</p>	<p> Steven Pinker: How the mind works. Why do memories fade? Why do we lose our tempers? Why do fools fall in love? Why do we pursue higher callings like art, religion and philosophy?</p>
<p> Carl Jung; the Archetypes and the Collective Unconscious. Our minds are connected to a deeper layer of consciousness that speaks in terms of imagery and myth.</p>	<p> Eric Berne: The Games People Play: The Psychology of Human Relationships. People play games as a substitute for real intimacy, and every game, however unpleasant, has a payoff for one or both players.</p>	<p> Victor Frankl: The Will to Meaning. The conscious acceptance of suffering or fate can be transformed into one of our greatest achievements.</p>
<p> Nancy Kanwisher talks about a neural portrait of the human mind. This talk deals with brain localisation. https://www.youtube.com/watch?v=5Yj3nGv0kn8</p>	<p> Documentary. Genius of the modern world. Dr. Sigmund Freud. It's always worth understanding Freud in his historical context. This documentary will allow you to do this. https://www.youtube.com/watch?v=x6MT50lAs7w</p>	<p> RISE documentary. Do you know the meaning of the term 'recidivism'? Watch this documentary to find out. https://www.youtube.com/watch?v=n3id1jxXLgM</p>
<p> Mind Changers: Carl Rogers and the Person Centred Approach. http://www.bbc.co.uk/programmes/b063ztb0</p>	<p> Mind Changers: Abraham Maslow and the Hierarchy of Needs. http://www.bbc.co.uk/programmes/b01rw8mw</p>	<p> Mind Changers: The case of Little Hans. http://www.bbc.co.uk/programmes/b00bg335</p>
<p> One Flew Over the Cuckoo's Nest. Considered to be one of the best films ever to be made and the winner of five Oscars.</p>	<p> Girl Interrupted. 18 year old Susanna is admitted into a mental institution when she is no longer able to cope with reality.</p>	<p> Rain Man. The real life story of a Kim Peek; a savant.</p>



Reading task



Listening task



Research task



Creative task



Writing task



Watching task



Trip or visit



Student-led task



Sandringham School

'Everybody can be Somebody'