

Timeline	Major theme	Minor theme	Learning Outcomes	Content Focus	PTC
Sept-Oct (8)	Health & Wellbeing	Mental Health	<p>KNOW strategies that help to maintain good mental health AND the possible causes/warning signs of poor mental health</p> <ul style="list-style-type: none"> - Describe how to maintain body positivity - List the warning signs of poor mental health due to bereavement <p>UNDERSTAND that certain circumstances may lead to poor mental health</p> <ul style="list-style-type: none"> - Analyse why some people undertake body modification - Analyse why bereavement may lead to poor mental health <p>BE ABLE TO speak confidently about their emotions AND confidently seek help when experiencing poor mental health</p> <ul style="list-style-type: none"> - Reflect on whether you would undertake body modification - Seek help if your mental health is negatively affected by body image issues or bereavement 	<p>Body modification - plastic surgery - Intro, the facts, link to body image</p> <p>Body modification - plastic surgery - Amy Childs</p> <p>Bereavement - Intro, the facts, seeking help</p> <p>Bereavement - Coronavirus - death as a statistic</p>	<p>Emotions in Year 7</p> <p>Body image and self-esteem in Year 8</p> <p>Mental illness in Year 9</p>
		Risk behaviours	<p>KNOW the risks associated with substance abuse (drugs and alcohol)</p> <ul style="list-style-type: none"> - State the laws on drug and alcohol consumption - List the risks associated with drug and alcohol consumption <p>UNDERSTAND the relationship between risk behaviours, self-concept and peer pressure AND the circumstances when certain risk behaviours may become unsafe</p> <ul style="list-style-type: none"> - Explain how self-concept and peer pressure influences drug and alcohol consumption - Explain why and when drug and alcohol consumption may become unsafe <p>BE ABLE TO think critically about why others may participate in risk behaviours AND make informed and safe decisions when undertaking risk behaviours</p> <ul style="list-style-type: none"> - Analyse why some people consume alcohol and drugs - Critically assess if/when to consume alcohol and drugs 	<p>Alcohol - Intro and re-cap facts from Year 7</p> <p>Alcohol - 'You are boring if you don't drink'</p> <p>Drugs - Intro and re-cap facts from Year 8</p> <p>Drugs - Unregulated means unsafe</p>	<p>Alcohol in Year 7</p> <p>Drugs in Year 8</p> <p>Peer pressure in Year 8</p> <p>Popularity in Year 9</p> <p>Gang crime in Year 9</p> <p>Mental illness in Year 9</p>
		Physical Health	<p>KNOW the importance of sleep in maintaining physical health AND how to perform CPR</p> <ul style="list-style-type: none"> - Describe how good quality sleep benefits physical and mental 	<p>Sleep - Intro, the facts, good habits.</p> <p>Sleep - Why does</p>	<p>First aid in Year 7</p> <p>Diet and</p>

			<p>health</p> <ul style="list-style-type: none"> - Describe how to perform CPR <p>UNDERSTAND the challenges of maintaining good quality sleep AND the importance of CPR in personal safety</p> <ul style="list-style-type: none"> - Critically assess the challenges of maintaining good quality sleep - Explain why CPR is important in personal safety <p>BE ABLE TO make informed choices about sleep AND use CPR to keep yourself and others safe</p> <ul style="list-style-type: none"> - Maintain a good quality sleep routine - Perform CPR 	<p>school start so early?</p> <p>Sleep - Why can't I put my mobile down at night?</p> <p>CPR - Intro and how to do it</p> <p>CPR - When could you need it? (risk taking)</p>	<p>Exercise in Year 7 and 8</p> <p>Risk behaviours - alcohol and drugs</p>
Nov-Dec (5)	British values & Character (RS)	Equality	<p>Inspirational Religious People:</p> <p>KNOW:</p> <ul style="list-style-type: none"> - What makes a person inspirational - The qualities and characteristics of inspirational leaders. - How religious faith can inspire a person and influence their life. - Examples of inspirational and influential figures in history. <p>UNDERSTAND:</p> <ul style="list-style-type: none"> - How strong character can influence a person to do great things. - Why influential figures in history made sacrifices to help others. - How individual actions can have a global impact. - The impact of 3 inspirational people. <p>BE ABLE TO:</p> <ul style="list-style-type: none"> - Talk confidently about the characteristics involved in becoming an inspirational and influential leader. - Speak out against injustice when it is seen and inspire people. 	<p>Qualities of an inspirational leader.</p> <p>Different ways that faith inspires action.</p> <p>The life and influence of Martin Luther King, Malala Yousafzai, and Elie Wiesel.</p> <p>The effect that religious faith has had on Martin Luther King, Malala Yousafzai, and Elie Wiesel.</p>	<p>Performance and Moral character in KS3</p> <p>Helping others in KS3</p> <p>Work ready - Oracy skills in Year 8</p> <p>Extinction rebellion in Year 8</p> <p>Racism in Year 9</p>
		Democracy			
		Performance Character			
		Moral Character			
Jan-Feb (7)	Futures & Careers	What's out there?	<p>KNOW patterns in the labour market AND a range of possible career paths and employment options AND the roles and responsibilities involved in a range of careers</p> <ul style="list-style-type: none"> - Describe patterns in the labour market - List different careers in the care sector - Describe the roles and responsibilities involved in a range of 	<p>Labour market - Intro, why can't we all be footballers?</p> <p>Caring careers - Intro, careers carousel, what will</p>	<p>Services in Year 7</p> <p>Creative careers in Year 8</p> <p>STEM careers</p>

			<p>care based careers</p> <p>UNDERSTAND why different careers are required within our society AND that the labour market may impact employment opportunities</p> <ul style="list-style-type: none"> - Explain why caring careers are important in our society - Explain why the labour market impacts employment opportunities <p>BE ABLE TO confidently explore career paths and employment options AND make informed decisions about what career path to pursue</p> <ul style="list-style-type: none"> - Analyse the pros and cons of a career in the care sector - Reflect on whether you would like to pursue a career in the care sector 	<p>change in the future?</p> <p>Career talk - What is it really like?</p>	<p>in Year 9</p> <p>Nature of success in Year 7</p> <p>Aspiration in Year 9</p>
		Work ready	<p>KNOW how to successfully acquire a job</p> <ul style="list-style-type: none"> - Describe how work experience and cover letters help you acquire a job <p>UNDERSTAND the purpose of the job application process</p> <ul style="list-style-type: none"> - Critically assess the purpose of cover letters and work experience <p>BE ABLE TO confidently prepare for the job application process</p> <ul style="list-style-type: none"> - Create a cover letter - Secure a work experience placement 	<p>Work experience - Intro, benefits, how to get it</p> <p>Work experience - Unifrog - where shall I go? What's out there?</p> <p>Cover letter - Intro, what are they for, the good and the bad</p> <p>Cover letter - Write your own</p>	<p>Work experience placement (Summer)</p> <p>Employment skills in KS3</p> <p>Performance character in KS3</p> <p>CV creation in Year 9</p>
Mar-Apr (6)	Sex & Relationships	Platonic relationships	<p>KNOW the features of negative platonic relationships</p> <ul style="list-style-type: none"> - State the laws on and related to cyber-bullying - Describe the features of cyber-bullying <p>UNDERSTAND how platonic relationships can become negative or unsafe</p> <ul style="list-style-type: none"> - Explain the negative effects of cyber-bullying - Analyse why cyber-bullying exists <p>BE ABLE TO challenge negative platonic relationships AND confidently seek help when in a negative platonic relationship</p> <ul style="list-style-type: none"> - Challenge the behaviour of cyber-bullies 	<p>Cyber-bullying - Intro, the law, the facts and how to to get help</p> <p>Cyber-bullying - 'You should kill yourself'</p> <p>Cyber-bullying - You feeling worse makes me feel</p>	<p>Bullying in Year 7</p> <p>Character in Disputes in Year 9</p> <p>Mental Health - Body modification</p>

		<ul style="list-style-type: none"> - Seek help if you are negatively affected by cyber-bullying 	better	
	Intimate relationships	<p>KNOW the law on consent</p> <ul style="list-style-type: none"> - State the law on consent - Describe how consent issues can impact intimate relationships <p>UNDERSTAND the issues surrounding consent and rape</p> <ul style="list-style-type: none"> - Explain the negative impact of issues surrounding consent and rape - Discuss why consent and rape are persistent issues <p>BE ABLE TO make informed decisions about the positivity of intimate relationships AND confidently seek help when in a negative intimate relationship</p> <ul style="list-style-type: none"> - Critically assess if pressure and consent issues are affecting your intimate relationship - Seek help if you experience pressure, sexual assault or rape in an intimate relationship 	<p>Consent - Intro, the law, link to pressure, cup of team</p> <p>Consent - the facts, you decide scenarios</p>	<p>Pressure in Year 8</p> <p>Nudes in Year 9</p> <p>Risk behaviours - drugs and alcohol</p>
	Ready for sex	<p>KNOW what is required to effectively care for children</p> <ul style="list-style-type: none"> - List the physical signs of pregnancy - Describe the emotional, financial and organisational commitments required to effectively care for children <p>UNDERSTAND the issues surrounding unwanted pregnancy</p> <ul style="list-style-type: none"> - Discuss the options that can be taken when faced with an unwanted pregnancy - Critically assess the advantages and disadvantages of abortion, adoption and having an unwanted pregnancy <p>BE ABLE TO make informed decisions about when to have sex AND when to have children</p> <ul style="list-style-type: none"> - Reflect on when you will be/if you are ready to have children - Seek help if concerned about pregnancy or having children 	<p>Pregnancy - Intro, link to contraception, the science</p> <p>Unwanted pregnancy - The options and the effects</p> <p>Children - Am I ready? Caring for children</p> <p>Children - The pregnancy pact</p>	<p>Positive Platonic relationships in Year 7</p> <p>Contraception in Year 9</p>
	Related issues	<p>KNOW the law on exploitation and FGM</p> <ul style="list-style-type: none"> - State the law on sexual exploitation and FGM <p>UNDERSTAND the reasons that sexual-related offences exist AND what can be done to safeguard ourselves and others from sexually-related offences</p> <ul style="list-style-type: none"> - Analyse why sexual exploitation and FGM exists in society 	<p>Sexual exploitation - Intro, the law, the facts, where to get help</p> <p>Sexual exploitation - Rochdale child</p>	<p>Grooming in Year 9</p> <p>Forced marriage and FGM in Year 8</p> <p>Sharing explicit</p>

			<ul style="list-style-type: none"> - Explain how we can prevent sexual exploitation and FGM <p>BE ABLE TO confidently seek help if concerned about sexually-related offences AND empathise with the victims of sexually-related offences</p> <ul style="list-style-type: none"> - Empathise with victims of sexual exploitation and FGM - Seek help if you are concerned about sexual exploitation and FGM 	<p>abuse case</p> <p>FGM - Intro, the law, the facts, stories</p> <p>FGM - Julia lalla-maharajh</p>	<p>images in Year 9</p>
May-Jul (10)	Community & Citizenship (RS)	Helping others	<p>Global Issues 2:</p> <p>KNOW:</p> <ul style="list-style-type: none"> - Issues of social injustice around the world - How gender plays a big part in inequality around the world and how religion responds to this. - How poverty affects societies around the world and religious responses to it. - The human effect on the environment and religious responses to this. <p>UNDERSTAND:</p> <ul style="list-style-type: none"> - The issues of social injustice that many people live with around the world. - The need for social change to help protect the environment and help others in the international community. - The religious response to a variety of issues around the world. <p>BE ABLE TO:</p> <ul style="list-style-type: none"> - Express an informed opinion on many different global issues. - Reference the religious response to a range of issues around the world. - Evaluate the religious responses to a range of global issues. <p>Religion and Society:</p> <p>KNOW:</p> <ul style="list-style-type: none"> - The Christian influence on british society (Politics, Law, the court system). - The religious influence on morality. - How religious views have affected societies view on medical ethics (Sanctity of life, abortion, Euthanasia). - How religion has had an impact on education. 	<p>Issues of social injustice</p> <p>UN list of social issues globally.</p> <p>Gender issues globally.</p> <p>Religious stories which discuss gender equality.</p> <p>Religious controversy regarding gender.</p> <p>Religious responses to the environment.</p> <p>Religious responses to poverty.</p>	<p>Equality (sexism) in KS3</p> <p>Helping others in KS3</p> <p>Protecting the environment in KS3</p> <p>Gender Identity in Year 8</p>
		Protecting the environment			
		Building citizenship			

			<p>UNDERSTAND:</p> <ul style="list-style-type: none"> - How society is influenced by religion. - How historical religious influence affects large parts of society, from the law to the common view of medical ethics. - How even atheists may find that some of their commonly held views originate from religious belief. <p>BE ABLE TO:</p> <ul style="list-style-type: none"> - Write about how society is influenced by religion. - Express an opinion on an issue in society created by religious belief. - Evaluate the religious influence on society. 	<p>(Situation Ethics and Natural Law) Religious responses to issues in medical ethics (Abortion and Euthanasia). Religious responses to the religious influence on education.</p>	
--	--	--	--	---	--