

# Personal Development (PD)

## What is Personal Development all about?

The Personal Development curriculum intent is to provide a rich and broad learning experience that is well-sequenced, so all students are progressively challenged to master a range of key concepts and leave Sandringham with:

- the character and values to become a responsible, caring citizen who is supportive of all others in the community.
- the knowledge of how to build, create and sustain meaningful relationships that lead to social fulfilment.
- the ability to pursue further study or employment in a way that is informed and leads to professional success.
- the understanding of how to live in a healthy way that promotes safety and happiness.

## What topics will I cover?

The themes covered across year 10 and 11 are:

### Health & Wellbeing

- This theme aims to improve students' knowledge of how to maintain both their physical and mental health. This includes information about how to stay safe if conducting certain risk behaviours such as drugs and alcohol.

### British values & Character (RS)

- This theme is a religion education unit that aims to educate students about inspirational religious leaders. This involves investigation into past and present inequality and analysis of character traits required to make a difference.

### Futures & Careers

- This theme aims to improve students' understanding of the different careers that exist in our society so they can make an informed choice about what to pursue in the future. It also supports students with making decisions about post-16 pathways.

### Sex & Relationships

- This theme aims to improve students' knowledge of how to create and sustain positive platonic and intimate relationships. This includes information about consent, pregnancy, sexual health and contraception. It also explores negative relationships formed online to promote student safety.

### Community & Citizenship (RS)

- This theme is a religious education unit that aims to promote cultural diversity. Students will investigate how different religions shape our society by analysing global issues and religious celebrations.

## How am I assessed?

There is no external assessment of Personal Development. Instead the following will be used to judge your progress in the subject:

- Written and verbal contributions in class.
- Key assessed activities (sign-posted by the teacher).
- End of major theme Quizziz.
- End of major theme self-assessment.

## What examination board will I follow?

There is no examination or coursework for PD.

## Who should I speak to for further information?

Miss Wills