

Year 13 Personal Development Curriculum Intent

Context

Consequent to the Covid-19 pandemic, this cohort of students did not access the full PHSE curriculum from March to July. Instead, they were supported with wellbeing tasks and activities. To this end, the curriculum described below has been created specifically for this cohort. The themes covered progress from the topics studied in lower years and have been selected to ensure that students receive age-appropriate information and guidance. The shape of the curriculum reflects their needs as they complete the UCAS process and builds towards preparing the students to be independent and responsible adults when they leave school.

Intent

The Personal Development curriculum intent is to provide a rich and broad learning experience that is well-sequenced so all students are progressively challenged to master a range of key concepts and leave Sandringham with:

- the character and values to become a responsible, caring citizen who is supportive of all others in the community.
- the knowledge of how to build, create and sustain meaningful relationships that lead to social fulfillment.
- the ability to pursue further study or employment in a way that is informed and leads to professional success.
- the understanding of how to live in a healthy way that promotes safety and happiness.
- the knowledge and skills required to be an independent adult.

The major and minor themes covered each year in the Personal Development curriculum are:

- 1) UCAS - Preparing their application, Student Finance
- 2) Media Literacy - Understanding consumer information, understanding sources of information, extremism and radicalisation
- 3) Sex and Relationships - The law and sex, pornography, consent, respectful relationships and LGBTQ+
- 4) Health and Wellbeing - Different types of health and how to maintain it, monitoring health and where to seek help/advice, different types of wellbeing and accessing support.
- 5) Work and Career - Employment rights and responsibilities, financial choices and managing money
- 6) Becoming independent - Maintaining a healthy lifestyle, food choices, budgeting, accessing healthcare services, travelling

These themes build on previous knowledge so students can progressively advance their understanding and revisit key statutory content. Within these themes, students will study content that is age appropriate and allows them to use prior knowledge to improve understanding. As Year 13 students prepare to leave school, and for many, home as well, students explore how to be an independent adult.

Implementation

Strong subject knowledge is vital to enable students to address gaps in understanding. Staff have been provided with detailed lesson materials to support planning but are encouraged to upskill themselves prior to the lesson if the content is unfamiliar to them. Senior staff are building opportunities for further training into the school's CPD provision and we are evaluating current provision to suggest changes that will enable staff to become experts in certain areas.

Lessons will:

- Build on prior knowledge
- Contain effective explanations.

- Utilise structured and purposeful discussion.

Students are encouraged to participate in discussions during the lessons and are guided towards trusted sources of information. Students do not complete written assignments but their understanding is assessed formatively by their teacher.

Impact

Personal Development is a new subject and therefore there is limited data to assess impact. However, students have reported (during a recent LRD) that they feel confident they are learning about how to prepare for independent, adult life. Many commented that the themes and discussions are imperative for their age group. The teachers do not complete assessments, but their engagement in lessons is recorded on their progress report. The attainment of key groups (SEN, PP, HA) is considered in the scaffolding of discussions and clear signposts to resources should there be a need for or want of further information.

A link to the lesson schedule:

<https://docs.google.com/document/d/19TYUQLcokrqbG2gyCtgFW4QpReK7htTOMsilC95Byy4/edit>

Lessons saved here:

<https://drive.google.com/drive/folders/1roSFeCH15cB44pxAMdQR2RjPkrGOQSK0>