



Sandringham School

'Everybody can be Somebody'



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Letter No: 146/2022

25th February 2022

Dear Parent/Carer

**Effective Learning and Revision – Presentation for Year 10 Parents
Wednesday 2nd March, 6.30pm**

As Year 10 move into their second term of GCSE, it is important for students to start developing effective revision and study habits. Due to the move into linear exams, this becomes a crucial part of the learning process to ensure that students can reach their full potential by the time of their exams, without undue stress.

Students will be receiving guidance from subject teachers and through a specialised Extended Learning Day on the 2nd March, focused on study skills, as we are keen to explore the ways to ensure our students know how to use strategies to revise steadily and effectively. A number of parents have also reported that they would be keen to know more about how to support their child's learning and revision.

With this in mind, we are fortunate to have been able to engage a speaker, Dr. Martijn van der Spoel, to talk to Year 10 Parents about supporting effective learning. Dr. van der Spoel is a chartered psychologist, who specialises in using the mind as an effective tool for life learning. He will talk about how students can learn to balance focus, motivation and study behaviour and ways in which parents can guide and support this through creative and constructive guidance. The presentation has a significant, but accessible, emphasis on the psychology behind the strategies of learning. This should enable you to leave the session not only with the "how" but also with the "why" of effective learning. Examples and insights from research will be used to illustrate how you can support your child's learning.

We do hope you will be able to join us on the evening of Wednesday 2nd March 2022, in the main hall at 6.30pm. This is an evening for parents, students are not required to attend. In the meantime, if you have any questions, please do not hesitate to contact us.

Yours sincerely,

Hannah Semple

Teacher of Science & Performance Director: Year 10

