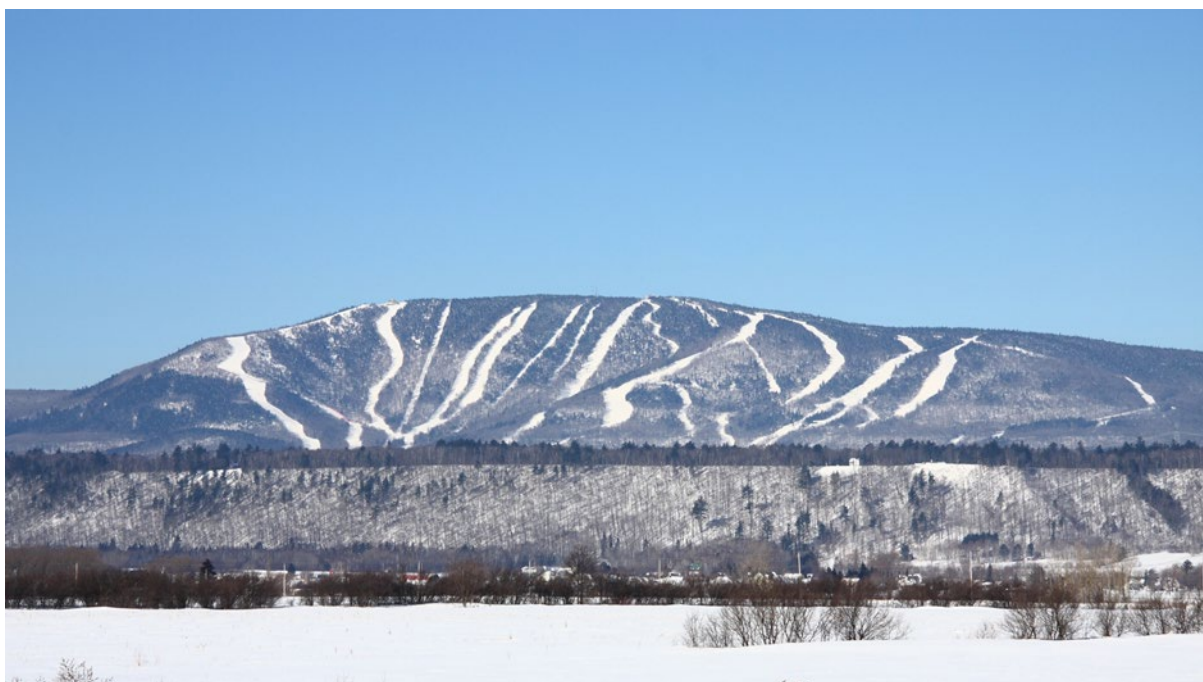


Quebec '23



Information for Parents & carers

Staffing

Group Leader: Stuart Kemp

Deputy Group Leaders: Katie Wills, Elliot Bailey

Accompanying staff:

Connor Clarke

Amber Davies

Sarah Simmonds

Ellen Weston

Rebecca Pratley

Justine Arif

Mark Allday

David Keenleyside

Lucy Haseler

Frances Batten

Rachael Potter

Kyle Hartnell

Rachael Goss

Oliver Astley

Lily Pratt

Ros Ellis

Journey Times

Depart school – Saturday 11th February at approx. 9.30am

Flight No	Dep Date	Dep Time	Dep Airport	Arr Airport	Arr Time	Airline
AC865	11-Feb-2023	14:30	LHR	YUL	16:50	Air Canada
AC864	17-Feb-2023	19:25	YUL	LHR	07:10 (land 18 th)	Air Canada

Arrive at school – Saturday 18th February at approx. 9.30am

Proposed Itinerary

Date	Day time activity	Evening activity
Sat 11 th Feb	Depart for Canada	Arrive in resort, unpack, ski fit
Sun 12 th Feb	Ski	Swimming
Mon 13 th Feb	Ski	Tubing Park
Tues 14 th Feb	Ski	Huskies
Wed 15 th Feb	Ski	Night Skiing
Thurs 16 th Feb	Ski	Rest/awards ceremony
Fri 17 th Feb	Lazy breakfast and wander around the town before leaving resort	Airport and depart!
Sat 18 th Feb	Arrive back to Sandringham at approx. 09.30am	SLEEP!

Accommodation

Delta Hotels by Marriott, Mont Sainte-Anne, Resort & Convention Center

Address: 500 Bd du Beau Pré, Beaufré, QC G0A 1E0, Canada

Phone: +1 418-827-1862



Resort/Ski Information

Mont Sainte Anne

Address: 2000 Bd du Beau Pré, Beaupré, QC G0A 1E0,
Canada



Contact

To be used only in an emergency.

Stuart Kemp (in resort)	+44 7793251812
Mark Nicholls	Mark.nicholls@sandringham.herts.sch.uk

There will be regular updates on our twitter page
@sandskitrip



Documents

Please keep up to date with document requests on Google Classroom

Document	Deadline
Passenger information Google Form	This evening!
eTA Visa	By Christmas
Medical Consent Form to Students Services	By Friday 6th January

Medication/Insurance

Prescribed medication should be given to Student Services before Wednesday 8th February, clearly labelled with student's name and dosage instruction.

Please see a member of staff this evening with any particular medical concerns.

Travel Sickness Medication

Ensure this is taken prior to departure and that the student has enough for the return journey and knows when to take it.

Insurance

Our travel insurance is through RPA and has full snowsports cover.

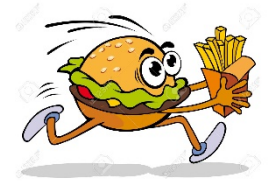
Food

Students will be provided with all breakfasts and evening meals. They will need to purchase lunch in a restaurant in resort.

Students will have an opportunity to eat at the airport/on the flight

As at school, gum is not allowed during the trip.

Money



There will be minimal shopping opportunities but students will want to bring some money to buy souvenirs and lunch in resort.

150-200 Canadian Dollars will be plenty.

Kit List

Luggage allowance – 23 Kg Hold Luggage, small cabin bag

To include:

Ski Jacket

Ruc-sac

Helmet (if you have your own. If you are hiring one, we will be collecting it once in resort)

Sunglasses/goggles

Hat

Suncream/Lip Salve

Salopettes

Thermals

Gloves

Underlayers

Ski socks – at least 3 pairs

Winter shoes

Casual evening clothes – not too many, it is not a fashion show!

Swimwear

Some footwear only for indoor

Wash kit!

Toothbrush/Paste

Valuables such as phones, iPads, handheld games consoles are allowed, but taken at students' own risk. Please make sure they are clearly labelled/identifiable.

Please label clothing and possessions and attach a luggage label to suitcase/cabin bag.