## **Information & Resources**

## **Childnet International**

A non-profit organisation working in partnership with others around the world to help make the internet a great and safe place for children. The Childnet website has a range of resources for young people, parents/carers and adults who work with children. <a href="https://www.childnet.com">www.childnet.com</a>

A **Parents and Carers** section with key information and advice about online risks. www.childnet.com/parents-and-carers

A template **Family Agreement** and conversation starters to help families discuss online safety. **www.childnet.com/have-a-conversation** 

#### **UK Safer Internet Centre**

Cofunded by the European Commision from 2011-2021, the UK Safer Internet Centre raises awareness about online safety, develops resources and organises high profile events such as Safer Internet Day. www.saferinternet.org.uk

A Parents' Guide to Technology for managing devices and Internet Parental Controls videos.

www.saferinternet.org.uk/parental-controls

www.saferinternet.org.uk/parental-controls

Free **Social Network Checklists** for privacy settings on Facebook, Twitter, Instagram and Snapchat. www.saferinternet.org.uk/checklists

#### **CEOP Command**

The National Crime Agency's CEOP Command tackle child sexual abuse and exploitation online. The website includes the **Click CEOP** report button that allows both adults and young people to make reports of actual or attempted abuse online. **www.ceop.police.uk** 

CEOP's **Think U Know** site contains information for children of all ages, as well as parents/carers. **www.thinkuknow.co.uk** 

## **NSPCC**

KNOW

childline

**NSPCC** 

If you have concerns about the online safety of a child then contact the **NSPCC helpline** on **0808 800 5002** or email **help@nspcc.org.uk**. **www.nspcc.org.uk** 

Children can talk to someone for advice and support at any time by contacting **Childline** on **0800 1111** or chatting to a counsellor online at <a href="https://www.childline.org.uk">www.childline.org.uk</a>.

## Other useful sites for parents/carers



www.familylives.org.uk

## Where to report

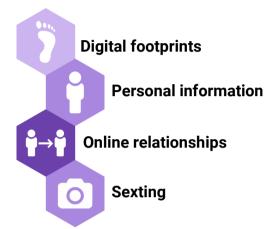


## **Have A Conversation!**



## **Online Risks**

## **Conduct Issues:**



## **Content Issues:**



## **Contact Issues:**



# **Supporting Your Child Online**

- Different doesn't equal wrong!
- Use real stories and news as a way in.
- Discuss feelings honestly.
- Start with a statement rather than an accusation.
- Scaremongering rarely gets results.
- Be a role model
- Reinforce positive behaviour.

## Advice:

Manage accounts together

Check privacy settings and policies on social networks

Encourage your child to think before they post/share

Seek advice and help from school/police

Draw up a family agreement to set expectations

## **Advice:**

Try not to overreact!

Bookmark sites to help children get to what they want

Explore filtering and parental control options

Discuss these issues with your child

PEGI Become familiar with the PEGI ratings on games and apps

Read app reviews to determine if they are suitable

Support your child to be a critical thinker online

## Advice:

Challenge online friendship—which 'friends' are strangers?

Explore settings for livestreaming safely

Discuss cyberbullying; remind to always tell an adult

Always tell a parent/carer if they want to meet up

Report any grooming suspicions to the police/CEOP

Save evidence of online bullying as proof

Help your child to be respectful online

View the presentation slides for free: bit.ly/3jNMCZZ