



The Ridgeway, St. Albans, Hertfordshire. AL4 9NX
Telephone: 01727 799560
Email: admin@sandringham.herts.sch.uk
Website: www.sandringham.herts.sch.uk

Headteacher: Alan Gray, M.Sc., F.R.S.A.
Deputy Headteacher: Caroline Creaby, BA, M.Ed., Ed.D.
Deputy Headteacher: Mark Nicholls, BA (Hons)

Letter No: 223/2023

19th June 2023

Dear Parent/Carer,

Year 9 E Week Trip to PGL – Packing List

With the PGL trip happening this week, I thought it would be best to send out a reminder with regards to packing.

Please ensure that all luggage is in a soft, small case. This can also be a rucksack that could be used for DofE. (Essentially, not a suitcase that you would take on a week's holiday abroad!).

All students are required to bring bedding. We recommend a sleeping bag and a pillow.

The packing list provided by PGL is as follows:

Tops and jackets

- T-shirts
- Long sleeved top (these may be required for some activities)
- Waterproof jacket
- Jumper

Trousers or leggings

- Gym shorts are not acceptable. Any student in gym shorts will be asked to change.
- Underwear and socks
- Clothes for the evening
- Nightwear

Trainers

- We are not currently scheduled to be doing any water sports, however, your child may wish to bring a second pair of trainers, should this change

Towels

- One for showering
- You may wish to pack a small one for water sports – please see comment above



- Drinks bottle
- Backpack
- Bag for dirty clothes

Washbag

- Soap
- Toothbrush
- Toothpaste
- Please **do not** pack aerosols
- Sunscreen

Students may bring phones; however, this is done so at their own risk. Phones will be left in rooms during the activities.

We have several students travelling with severe allergies. Please **DO NOT** pack any hummus or any items containing nuts, sesame seeds, pistachios, or cashew nuts. If possible, please avoid anything that also contains traces. I hope that you appreciate that this is for the safety of our students.

If you have any further questions, please feel free to email me.

Yours sincerely,

Hannah Fryer
Performance Director: Year 9