

### THIS PRESENTATION WILL COVER:

- Arrangements for the trip
- Layout of site
- Itinerary
- Food
- Equipment
- Expectations

### **STAFF JOINING US:**

Miss Batten Ms Wills

Mr Smith Miss Malone

Mr Tattersall Mr Foy

Miss Walker Miss Ross

Miss Chapman Mrs Laycock

Miss Goss Miss Picciuto

### ON WEDNESDAY MORNING

You will come to school at **normal time**.

You will be in clothes that are suitable and comfortable for the coach journey and the first activities at Bushcraft.

### You need two bags:

- "MAIN BAG" with clothes and equipment for the trip (a soft holdall/ large rucksack)
- "DAY BAG" Your main bag will taken to camp for you so these are the things you need to get through the first day

You will gather on the field outside K Block.

We will be getting on the coaches and aiming to leave at 9am. The coach journey will probably be about an hour to an hour and a half.

### WHAT TO PACK IN MAIN BAG

Sleeping bag

Roll mat

Wash bag (toothbrush, toothpaste, wipes)

Torch (or head torch)

Towel

Clothes you don't mind getting dirty

Two pairs of trainers

Suncream

Insect repellent

ESSENTIAL ITEMS TO PACK			
Large rucksack or holdall	2 pairs footwear e.g. walking boots and old trainers		
☐ Small rucksack to carry the essentials ☐ Warm sleeping bag (season 3 recommended)	<ul> <li>Wash bag including toothbrush, toothpaste, soap and face wipes</li> </ul>		
Roll mat	☐ Towel(s)		
☐ Tracksult or hardwearing trousers	<ul> <li>Medications (labelled with clear instructions on the application/use and dosage required)</li> </ul>		
☐ T-Shirts	☐ Suitable footwear & Swimwear (If planned)		
☐ Jumper or fleece	☐ Water bottles or hydration system		
■ Waterproof Jacket and trousers	☐ Alcohol hand gel		
Socks and underwear	☐ Torch (with fresh batteries) - a head torch is ideal		

Note: We do not have access to showers for the duration of the trip

### WHAT TO BRING IN DAY BAG

A full bottle of water

Sun cream/sun hat if the weather is nice

Suitable footwear for the walk to camp (could be up to 40 minutes)

Suitable clothing for the weather

You do **NOT** need a packed lunch - you will have lunch at camp.

You should **NOT** pack any additional food with you due to nut policy/hygiene requirements.

You will NOT have access to your main bag until you are in camp later on, as they kindly transport all main bags to the camp for you.

### MOBILE PHONES/TECHNOLOGY

There should be **NO** mobile phones brought on the trip (except for known medical reasons)

The aim of the trip is to enjoy the experience of being in nature and a different environment.

There are no facilities in student camps for charging and there is very limited WiFi. It is one less thing to lose or risk getting damaged.

You may want to think about whether you want to bring a book or games (e.g. cards) for the coach trip.

### **MEDICATION**

If you have medication stored in school, we will bring what is stored at Student Services with us.

If you have medication that you take at home, but is not stored in school, then you should bring that in a small, labelled bag with clear instructions - and this **must** be handed in to a member of staff on the trip.

Once we are settled in, we will make sure you know who has your medication and where staff will be in case of an emergency.

## WHERE WE'RE GOING



### THE CAMP

### **WHAT IS CAMP LIKE?**

Your Camp will be exclusively yours and typically accommodate up to 60 students. We know each group is different in size so please do speak to your Account Manager for specific information about how your Camp will be set up.



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#### OUR TERMINOLOGY

#### Centr

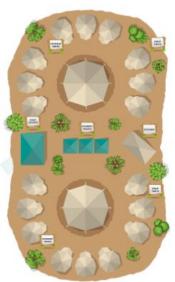
This is the woodland location you are going to.

#### SH

Each centre has numerous sites that offer you an exclusive adventure. Each site has a specific student capacity that it can accommodate.

#### Camp

Each site can be made up of I or more camps. A camp typically has 60 students. This is how we can accommodate different sized groups effectively.



#### Tribes

These are the day-time activity groups, usually mixed gender and of up to 16 students per tribe.

#### Tent groups

These are the night-time single sex sleeping groups, of up to I2 students per tent/shelter.

> IF YOU HAVE ANY QUESTIONS PLEASE CALL 03332 000612

## THE TENTS



# ITINERARY - Sample itinerary, subject to change

DAY 1	DAY 2	DAY 3
	Breakfast	Breakfast
Arrival, Safety Brief and Welcome	Wilderness First Aid	Trap Making
SNACK	SNACK	SNACK
Fire Lighting	Scenario SOS	Bushcraft Challenge
LUNCH	LUNCH	LUNCH
Camp Craft / Camouflage & Concealment	Cutting Tools	Strike Camp & Depart
SNACK	SNACK	
Shelter Building	Foraging & Bushtucker Trial	
DINNER	DINNER	
Evening Games	Evening Games	
Night-time Routine & Bed	Night-time Routine & Bed	

# FOOD MENU - This is the likely menu - Dietary requirements will be all be met

	DAY 1	DAY 2	DAY 3
BREAKFAST		Central Kitchen	Central Kitchen
SNACK	Fruit & Biscuits	Tunnocks	Popcorn
LUNCH	BBQ Kitchen	Pizza	Wraps (Central Kitchen)
SNACK	Popcorn	Fruit & Biscuits	Biscuits
DINNER	Central Kitchen	Central Kitchen	
DESSERT	Smores & Hot Chocolate	Brownie & Hot Chocolate	

WEDNESDAY	THURSDAY	FRIDAY
Sausage, cheese and egg muffin, cereal & fruit	Sausage baps, cereal & fruit	Big cooked breakfast, cereal & fruit
ON CAMP	ON CAMP	ON CAMP
ON CAMP	ON CAMP	ON CAMP
ON CAMP	ON CAMP	ON CAMP
Pasta Bolognese	Cottage Pie	Vegetable Curry
ON CAMP	ON CAMP	ON CAMP

### **GETTING HOME ON FRIDAY**

We will be leaving camp at 13:00 in time to get home for 3pm.

The coach arrangements will be the same as the way up and the journey should be a similar amount of time.

### **EXPECTATIONS OF BEHAVIOUR**

The same as in school

Polite, kind, helpful