




PGL

21st June 2023 – 23rd June 2023



Itinerary – Day 1

- 8.30 Normal school start time – students to drop their bags in the new canteen
 - 9.30 Depart from school – travelling with Welham Travel
 - 12.00 Arrive at PGL
 - 14.10 – 17.20 – 2 activities
 - Dinner
 - 19.30 – 20.30 – PGL Tournament
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Itinerary – Day 2

- Breakfast
- 08.50 – 12.00 – 2 activities
- 12 – 14.00 – Lunch
- 14.10 – 17.20 – 2 activities
- Dinner
- 19.30 – 20.30 – Quiz Show



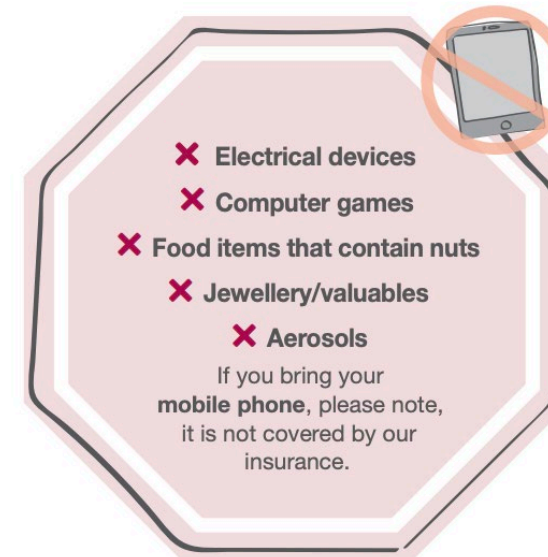
Itinerary – Day 3

- Breakfast
 - 08.50 – 12.00 – 2 activities
 - 12 – 14.00 – Lunch
 - 14.00 Depart PGL
 - 16.00 – return to Sandringham School
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Packing

- You **MUST** use a **small soft case**
- If you turn up with a hard or large case, you will be asked to decant your belongings into a bin bag or we will call your parents to have your bag changed
- You can also bring money for the gift shop – PGL suggests around £10
- You will need to bring a packed lunch for the first day

PLEASE DO NOT BRING



Kit List

TRAVELLING IN THE...

...SUMMER?

- ☐ Shorts
- ☐ Baseball cap/sun hat
- ☐ Sunscreen

FOOTWEAR

- ☐ **2 pairs** of trainers → 1 for activities
→ 1 old pair for watersports
- ☐ **1 pair of dry shoes**
for evening activities



OTHER ITEMS

- ☐ **2 towels** → 1 for showering
→ 1 old one for activities

- ☐ Reusable **drinks bottle**



- ☐ Small **rucksack/bag**

- ☐ Labelled **bin bag** for wet
and dirty clothing

- ☐ **Sleeping bag or duvet** and
pillow (unless otherwise advised)

- ☐ **Washbag** including soap, shampoo,
toothbrush and toothpaste (please do
not bring Aerosols)

CLOTHING

Clothes are likely to suffer wear and tear and also get dirty and/or wet therefore you should bring several changes of old clothes for doing activities.



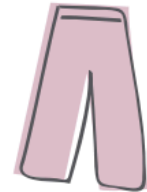
- ☐ **Tops & jackets**

- ☐ T-shirts
- ☐ Long sleeved shirt/T-shirts
- ☐ Waterproof jacket
- ☐ Fleeces/jumpers

*Your arms will need
to be covered to do
some activities.*

- ☐ **Trousers or leggings**

but not jeans as they get heavy
and cold when wet



- ☐ **Underwear & socks**

*Your socks will need
to cover your ankles to
do some activities.*


- ☐ 1 or 2 sets of
clothes for the evening

- ☐ Suitable **nightwear**






Rooms, Coaches and Groups

- All rooms will be groups of 4
 - After half term, there will be an opportunity for you to submit your room requests to me
 - Coach lists and activity groups will then be made up by combining rooms
 - There will be 3 rooms per activity group
 - All rooms and groupings will be published on 7th June (1 week prior to departure)
 - There will be no changes made after 7th June
 - If there are any concerns with regards to groupings, please speak to me before the 7th
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Medical Forms

- OV 7A Forms must be with me by Friday
 - There are spare forms at the front
 - If you need to talk to me regarding any additional requirements, please do so at the end
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Staff

- Miss Fryer
 - Mr Cracknell
 - Miss Arif
 - Miss Davies
 - Mrs Harding
 - Miss Jackson
 - Mr Lacey
 - Mr Longshaw
 - Miss O'Neil
 - Mrs Opie
 - Miss Weston
 - Mr Williams
 - Miss Wilson
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Behaviour Expectations

- The same as in school
 - All rules still apply and consequences can still be given
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