



The Ridgeway, St. Albans, Hertfordshire. AL4 9NX

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Letter No: 025/2023

19th September 2023

Dear Families,

Headteacher: Alan Gray, M.Sc., F.R.S.A.
Deputy Headteacher: Caroline Creaby, BA, M.Ed., Ed.D. (MAT)
Senior Deputy Headteacher: Mark Nicholls, BA (Hons)
Acting Deputy Headteacher: Mark Allday, BSc (Hons)
Acting Deputy Headteacher: Kate Mouncey, BSc (Hons), M.Ed.

## **Year 7 Rugby Session**

I hope your child has settled into Sandringham well and they are enjoying their new surroundings.

The PE Faculty is keen to give our students the best opportunities, and with the rugby season upon us, we want to ensure that they are ready for the first game of the season. For those families that are new to the school, we play a large majority of our fixtures on Saturday mornings, against local schools. These are friendly matches with rugby usually taking priority before Christmas and then football after.

With this in mind, we are using one of our free weekends to train our new Year 7's to make sure that the students are comfortable with contact rugby and understanding the laws of the game prior to a competitive environment. The training will be on Saturday 23<sup>rd</sup> September at Sandringham School from 9-11am and will involve lots of technical work with a game towards the end. The students will need to bring a full PE kit, including gum shields, the rugby top, long socks and boots.

You do not need to sign up anywhere or reply to this letter, please just turn up prior to the start time. This is a great opportunity for your child to learn a new sport, develop their rugby technique, meet new friends and have a chance to potentially represent the school.

Yours sincerely,

David Keenleyside Director of Learning: Sport















